

PRESS KIT

DEB PALMER GEORGE

SPEAKER FACILITATOR COACH



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Learn How to Thrive

CONNECT TO THE BEST IN YOURSELF
AND OTHERS TO ACHIEVE
WHAT MATTERS MOST



SHORT BIO

Deb Palmer George's mission is to guide individuals and organizations to thriving. She does this by helping people connect with the best in themselves and others to achieve what matters most.

Deb brings positive energy and practical approaches to clients in all sectors. Her work integrates timeless truths with the latest research in human and organizational thriving and is informed by over 25 years of executive experience in HR/OD, strategic planning and sales with advanced training in Appreciative Inquiry, Conversational Intelligence®, emotional intelligence, conflict transformation, and positive organization development.

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Deb Palmer George Full Bio

Deb Palmer George is dedicated to helping people connect with the best in themselves and others to achieve what matters most. As a facilitator, coach and speaker, Deb guides people to toward the fullest expression of their potential, personally and professionally, individually and collectively. She does this by integrating timeless truths with today's research in human performance and organization development.

Having started her business career selling copiers on straight commission, Deb progressed to VP of HR and Business Development becoming the company's first woman Vice President. Since 2001, when a "life is too short" moment inspired her to launch her own consulting business, Deb has combined her real-world experience leading HR/OD, strategic planning, and business development with education and advanced training in Appreciative Inquiry, Conversational Intelligence, conflict transformation, and positive organization development.

Devoted to lifelong learning, Deb has built on her degree in Psychology with certifications from the Gestalt Institute of Cleveland, CASE Western Reserve University in Appreciative Inquiry, NeuroView Leadership, and most recently, in Conversational Intelligence. Holding certifications in various individual and team assessments and 360-degree feedback tools, Deb helps people develop personal insight that leads to professional effectiveness. As a licensed affiliate of Conscious Choosing for Flow™, she teaches people how to make positive connections that transform conflict to creativity and optimum results – in the moment. Whatever the topic, her workshops, retreats, and keynotes are designed for genuine engagement and to provide something useful for every participant.

Over the years, Deb has worked with executives, teams and full organizations ranging from technology start-ups to healthcare institutions, project teams to boards of directors. Leaders in all sectors engage Deb for an empowering, practical approach to moving beyond challenges and adversity to build positive relationships and optimum results.

Deb is a 2013 recipient of the Nashville Business Journal Women of Influence Award – Inspiration/Mentor. Her Nashville community service includes serving as Chair of the Metro Human Relations Commission, Board President of JUMP CDC, and service on the International Coach Federation-TN and CABLE boards. She is a past recipient of the CABLE Networking, Spirit of Leadership, and Above and Beyond Awards. While living in Northeast Ohio, she chaired the University of Akron Community and Technical College Board and Summit County Workforce Investment Board. For her efforts in workforce development, Deb was recognized as "Business Education Person of the Year" by the Ohio Vocational Education Association.

Deb has completed 200-hour Yoga Teacher Training and teaches workshops in cultivating authentic presence, mindfulness for leaders, and the yoga of teams. She loves living in Middle Tennessee with her husband, Dennis and can be found most weekends aboard their vintage custom houseboat with their dog, Mattie.