

CONVERSATIONAL CONNECTION PRACTICES

UNCONDITIONAL POSITIVE REGARD.

Beyond titles, ideas, skills, or wrongdoings,
see the human being first.

LISTEN TO CONNECT.

Suspend listening to judge, evaluate, or compare and
replace it with reception of what the other person is
offering verbally and non-verbally.

CURIOSITY TO CONNECT.

Use inquiry to discover, to explore and co-create
understanding and possibilities. By staying curious
longer, we create connections that access the needs,
wisdom, and knowledge within ourselves and others.

DEB PALMER GEORGE